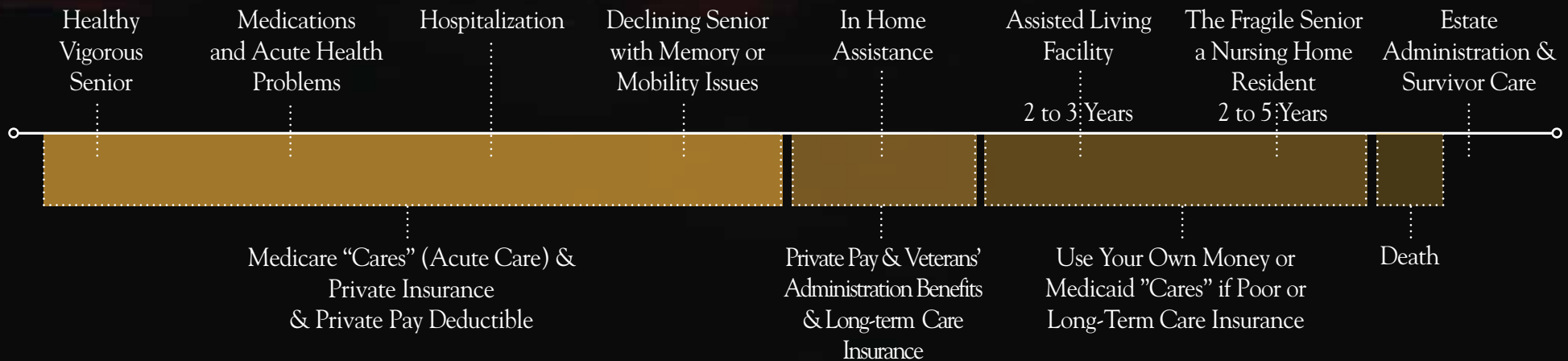


Elder Care Journey



A Guide for Seniors and Those Who Serve Them

- Social Security Administration

Lost Medicare card, Medicare card questions
Web site: <http://www.socialsecurity.gov>
1-800-772-1213

- Medicare Helpline

Medicare information, brochures, compare nursing homes,
Home health care, health plans, and more!
Web site: www.medicare.gov
1-800-633-4227

- Advocacy Center for Long-Term Care

A private, non-profit organization that provides long-term
care ombudsman services in the 7-county metro area.
(952) 854-7360 or 1-800-657-3591

- Office of Ombudsman for Older Minnesotans

A state agency that provides the same long-term care ombudsman
services as the Advocacy Center for Long-Term Care, but to clients
in Greater Minnesota. (651) 296-0382 or 1-800-657-3591

- The Office of Health Facility Complaints (MN Dept. of Health)

Accepts complaints about nursing and boarding care homes,
hospitals, some assisted living facilities, and home health care
agencies. Complaint information is a matter of public record and
may be reviewed upon request.
(651) 215-8702 or 1-800-369-7994

- Quality Improvement Organization (QIO)

Stratis Health
Quality of care, premature discharge from the hospital
Web site: <http://www.stratishealth.org>
(952) 853-1818 or 1-800-444-3423

- Health Insurance Counseling Program

Senior Linkage Line
Help with forms/bills, insurance questions, housing options
Web site: <http://www.mnaging.org/seniors/healthinsurance/SHIP.html>
1-800-333-2433

- Veterans Linkage Line

Help for veterans and families
Web site: www.minnesotaveteran.org
1-888-546-5838

Five Ways to Pay for Long Term Care:

1. Medicare (limited)
2. Long Term Care Insurance
3. Veteran's Benefits
4. Private Pay
5. Medicaid (Planning option even in crisis)

Don't let long-term care costs drain in months what you saved
over a lifetime.

About William M. Hansen Associates, PLLC

If you have a loved one confronted with a long-term care crisis, or if you
wish to plan for your own future needs, take a look at our website,
www.whansen.com. Learn how we can work with you and your loved ones
to help preserve the dignity and options that they deserve.



WHA

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